Education and Training Academy

**Training Center**

**Course Name: Symptoms Management Course**

**Accreditation: Accredited by ANCC**

**COURSE OVERVIEW**

Although it is important to diagnose and manage cancer itself, it is also vital to recognize and effectively handle associated symptoms cancer’s patient might experience. In this course participants will explore the pathophysiology of symptoms associated with cancer treatments, apply an understanding of nursing assessment, identify people at high risk for a symptom suffering, and apply strategies that are evidence-based for relieving patient symptoms.

**TARGET AUDIENCE**

Registered Nurses, with minimal experience (1 year experience).

**OBJECTIVES**

*At the end of this 2 days course, participants will be able to:*

• Identify the difference between dementia and delirium.

• Identify signs and symptoms, risk factors, and tools used in the assessment of delirium.

• Compare & contrast the pathophysiology of anorexia and cachexia.

• Describe the etiology of cancer-related malnutrition.

• Identify and list the important assessment criteria and appropriate interventions that could improve the outcomes of the malnourished cancer patient.

• Discuss chemotherapy- or radiation-induced mucositis, including etiological factors and pathophysiology.

• Analyze risk assessment tools to identify patients at risk for chemotherapy- or radiation-induced mucositis.

• Develop strategies for implementing evidence-based clinical practice guidelines and best practices to manage

Chemotherapy- or radiation-induced mucositis.

• Identify the differences between acute and chronic pain and the factors that should be included in a comprehensive pain assessment.

• Identify treatment and nursing interventions for patients experiencing treatment-induced peripheral neuropathy.

• Recognize and evaluate patients with signs and symptoms of insomnia and other common sleep/wake disturbances.

• Identify the function of thrombocytes and how platelets are destroyed in the patient with cancer.

**TEACHING STRATEGIES**

*Power point presentations.*

*• Role Play.*

*• Case Studies.*

*• Group Work.*

*• Discussion (seminar approach).*

*• Journal club.*

*• Literature review.*

*• Case presentation*