



# King Hussein Cancer Center Tobacco Dependence Treatment Training Program

*Accredited by CTTTP through 2022*

## Program description

This course focuses on building the capacity, competence, and confidence of participants to offer effective high-intensity tobacco dependence treatment (TDT). Through utilizing a combination of learning techniques (presentation, demonstration, role play, practical exercises, and case studies) the program builds the knowledge and proficiency of participants in various TDT-related [competencies](#). The program is comprehensive and evidence-informed, and is delivered by experienced hands-on tobacco treatment specialists (TTS).

By the end of the course, participants will be able to:

- Recognize the forms and constituents of tobacco products, their effect on the body and the gains of quitting, tobacco dependence and relevant psychological and social factors, and the evidence behind proven treatment methods.
- Implement skills relevant to conducting the initial assessment, performing counseling, and prescribing medications.
- Evaluate an individual case of tobacco dependence, and generate a customized treatment plan.

## Candidate profile

The workshop is open to healthcare professionals including but not limited to physicians, pharmacists, nurses, midwives, allied health professionals, and counselors. All participants must be tobacco-free for at least 6 months at the start of the program.

## Certificates of completion

Issuing certificates is contingent on full attendance and passing the post-training assessment. Certificates are endorsed by *King Hussein Cancer Center* and the *Council for Tobacco Treatment Training Programs*. Those receiving the Certificate of Completion may also wish to apply for [National Certificate in Tobacco Treatment Practice \(NCTTP\)](#).

<b>Day 1</b>	
8:30 - 10:15	Opening and introduction
	Building the case for TDT: tobacco and disease
Coffee	
10:45 - 13:00	Building the case for TDT: tobacco and disease (cont'd)
	Building the case for TDT: the smoker's experience
	Interventions for TDT
Lunch	
14:00 - 16:00	The initial assessment

<b>Day 2</b>	
8:30 - 10:15	Q&A
	Behavioral interventions
Coffee	
10:45 - 13:00	Behavioral interventions (cont'd)
Lunch	
14:00 - 16:00	Practical session - cases
	Tobacco and nicotine products

<b>Day 3</b>	
8:30 - 10:15	Q&A
	Practical session - cases
Coffee	
10:45 - 13:00	Pharmacotherapies for TDT
Lunch	
14:00 - 16:00	Pharmacotherapies for TDT (cont'd)

<b>Day 4</b>	
8:30 - 10:15	Q&A
	Electronic nicotine delivery systems (ENDS)
	Drafting an individualized treatment plan and addressing relapse
Coffee	
10:45 - 13:00	Practical session - cases
Lunch	
14:00 - 16:00	TDT in special groups
	Ethical considerations in TDT

<b>Day 5</b>	
8:30 - 10:30	Q&A
	Post-training assessment
Coffee	
11:00 - 13:00	The brief intervention
	Building a TDT service and continuing professional development
Lunch	